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Dear Teachers,

To the Stars Occupational Therapy and Wellness Centre is working in a partnership with your school and school division. We are available, as requested, to provide classroom consultation this school year. Our focus is to provide strategies, suggestions and education to support the children to participate more actively within their environments. We may help with:

- Fine motor development- This includes managing fasteners, using scissors, coloring, drawing, grasp development and printing or pre-printing skills
- Visual motor skills - We look at imitation through movement games, drawing tasks and play to ensure that children are developing this important area for eye hand coordination, visual attention and perception. This area is related to success with reading and printing as well.
- Sensory processing – We look at how children respond to different types of stimuli in their environment such as loud noises, bright lights, touch, movement, smell and taste. Sensory strategies can be implemented to help children stay in a calm and comfortable state at home and at school. Occupational therapists may also collaborate with teachers to help children attend and focus in different settings.
- Self-care. This includes tasks such as learning to manage fasteners or putting outdoor clothing on for recess. This can also include early ways to support organization, responsibility for their belongings. Feeding or toilet training can also be supported.

Requests for classroom consultations will be designed based on area of need and priorities identified by you. Assessment and therapy supports for individual students will not be included in this type of support.

To help us prepare for the classroom consultation please describe your areas of concern and what a beneficial or successful classroom consultation would look like for you.

School	
Teacher	
Class (Days and Times)	
Teacher Email	

****Upon completion of this form, please submit to the Red Deer Public Schools: Central Services, Student Services Department via email. It will then be forwarded to our team. We look forward to working with you.**